



HiTutor寫作題目

Topic: Personality – Part 1

主題: 個人特質 (上)

1. Describe your best personality trait. 描述一下你的人格特質。
2. On Being Optimistic 正向思考
3. What Motivates You? 你的動機是什麼？
4. How Much Self-Control Do You Have? 你有充分的自制力嗎？
5. How Good Are You at Waiting for What You Really Want? 你會鍥而不捨的追尋真正渴望的事物嗎？
6. What Role Does Procrastination Play in Your Life? 拖延對於你而言意味著什麼？
7. When in Your Life Have You Been a Leader? 你可曾有過領導的經驗嗎？
8. How Well Do You Perform Under Pressure? 你如何面對壓力？
9. How Well Do You Take Criticism? 你如何面對別人對你的指教？
10. Are You Hard or Easy on Yourself? 你對自己要求很高嗎？
11. Do You Have a Hard Time Making Decisions? 你是否優柔寡斷？
12. How Good Are You at Time Management? 你能善用時間嗎？
13. How Productive and Organized Are You? 你的效率和組織能力如何？
14. How Would Your Life Be Different if You Had Better Listening Skills? 如果能好好地傾聽他人，你的生活會有什麼樣的改變？
15. How Competitive Are You? 您具備競爭力嗎？
16. Do You Perform Better When You're Competing or When You're Collaborating? 競賽還是團隊合作的情況下，你能表現得更好？



Topic: Personality – Part 2

主題: 個人特質 (下)

17. Do You Take More Risks When You Are Around Your Friends? 朋友在身邊時，你越有冒險的勇氣嗎？
18. Do You Unknowingly Submit to Peer Pressure? 妳是否在不知不覺中受到同儕的影響？
19. What Pranks, Jokes, Hoaxes or Tricks Have You Ever Fallen For or Perpetrated? 你曾惡作劇、開玩笑、戲弄或愚弄他人嗎？
20. How Do You React When Provoked? 面對挑釁，你會如何應對？
21. How Often Do You Cry? 你多愁善感嗎？
22. Do You Think You' re Brave? 你覺得自己勇敢嗎？
23. What Are Your Personal Superstitions? 你有哪些個人迷信？
24. Do You Like Being Alone? 你喜歡獨處嗎？
25. How Impulsive Are You? 你容易衝動行事嗎？
27. Do You Have Good Manners? 你是否應對得宜、彬彬有禮？
28. Are You More Introvert or Extrovert? 你比較內向還是外向？
29. Are You Popular, Quirky or Conformist? 你是人見人愛、鶴立雞群，還是人云亦云？
30. What Would Your Personal Mascot Be? 你的幸運物會是什麼？
31. What Assumptions Do People Make About You? 在別人眼中，你是個什麼樣的人？



Topic: Life, Memory, Perspective

主題：生活、回憶、觀點

1. A Visit to a Foreign Country 出國的經驗
2. A Day on the Beach 在海灘的一天
3. An Interesting Weekend 有趣的週末
4. An Unforgettable Lesson 難忘的課堂
5. My Plan for the Future 我對未來的計劃
6. My Favorite Hobby 我的興趣愛好
7. On Keeping a Diary 寫日記的習慣
8. The Most Important Day in My Life 人生最重要的日子
9. The Advantages and Disadvantages of Living in a Small Town
鄉野生活的優缺點
10. The Power of Habit 習慣的力量
11. Being Brave 勇敢
12. What Are Your Personal Superstitions? 你有哪些個人迷信？
13. Do You Like Being Alone? 你喜歡獨處嗎？
14. How Impulsive Are You? 你容易衝動行事嗎？
15. Are You a Novelty-Seeker? 你是好奇寶寶嗎？
16. Do You Have Good Manners? 你是否應對得宜、彬彬有禮？



Topic: Movies, Theater and Television

主題：戲劇與電視節目

1. My favorite Movie 我最愛的電影
2. The Best Movies You Saw in the Past Year 去年看過最棒的電影
3. What Movies Do You Watch, or Reference, Over and Over? 哪些電影是你一看再看、回味無窮的？
4. What Movies, Shows or Books Do You Wish Had Sequels, Spinoffs or New Episodes? 你希望哪些電影、節目或書能出續集或新劇集的？
5. My Favorite Movie Stars 我最愛的電影明星
6. Would You Pay Extra for a 3-D Movie? 你會額外花錢看3D電影嗎？
7. My Favorite Comedy 我最愛的喜劇
8. What Are the Best Live Theatrical Performances You've Ever Seen? 你看過最棒的戲劇表演有哪些？
9. Have You Ever Stumbled Upon a Cool Public Performance? 你可曾巧遇酷炫的公開表演？
10. What Role Does Television Play in Your Life and the Life of Your Family? 電視在你和家人的生活中扮演著什麼樣的角色？
11. What Television Shows Have Mattered to You? 對你影響很深的電視節目有哪些？
12. How Often Do You Watch a Television Show When It Originally Airs? 你多久收看一次電視直播的節目？
13. What Old Television Shows Would You Bring Back? 你會再次回顧哪些電視節目？
14. Reality Shows 真人實境秀
15. My Favorite Commercials 我最愛的廣告
16. The Influence of Advertisement 廣告的影響力

Topic: Role Models

主題：值得學習的榜樣

1. Who Is Your Role Model? 誰是你心中的榜樣？
2. My Heroes 心目中的英雄
3. People who inspire me a lot 那些啟發我的人
4. The Best Advice I've Gotten 我得到最棒的忠告
5. Who Outside Your Family Has Made a Difference in Your Life? 除了家人，還有誰改變了你的人生？
6. If You Had Your Own Talk Show, Whom Would You Want to Interview? 如果你有自己的脫口秀，你想訪問誰？
7. To Whom, or What, Would You Like to Write a Thank-You Note? 你想向何人、何事表達感謝？
8. Who Would You Invite to Speak at Your School? 你會想邀請誰來學校演講？
9. What Six People, Living or Dead, Would You Invite to Dinner? 不論是否在世，你想邀請哪六位與你共進晚餐？
10. Describe learning something from a friend. 談一談你從朋友身上學到的事
11. A Teacher Who Has Influenced Me 啟發我的老師



Topic: Overcoming Adversity – Part 1

主題：突破困境（上）

1. My Difficulties in Studying English 學英文遇到的瓶頸
2. Where There Is a Will, There Is a Way 精誠所至，金石為開
3. What Challenges Have You Overcome? 克服困難的經驗
4. What Do You Do When You Encounter Obstacles to Success? 你會如何應對阻礙成功的絆腳石？
5. What Are Your Secret Survival Strategies? 你的求生祕笈是什麼？
6. How Do You Find Peace in Your Life? 如何尋求心中平靜？
7. How Stressed Are You? 你的壓力指數爆表了嗎？
8. How Do You Relieve Stress? 如何紓解壓力？
9. What Challenges Have You Set for Yourself? 談一談自我挑戰
10. How Often Do You Leave Your 'Comfort Zone'? 跨出舒適圈了沒？
11. What Did You Once Hate but Now Like? 談一談讓你重新改觀的事物是什麼？



Topic: Overcoming Adversity – Part 2

主題：突破困境（下）

12. Does Your Life Leave You Enough Time to Relax? 忙碌生活中，
你是否有足夠的休息時間？
13. Do You Set Rules for Yourself About How You Use Your Time? 你
是否懂得善加利用時間？
14. Is “Doing Nothing” a Good Use of Your Time? 「閒閒沒事做」是
不是在浪費時間？
15. What’s Cluttering Up Your Life? 是什麼擾亂了你的生活？
16. What Work Went Into Reaching Your Most Difficult Goals? 挑戰過
最困難的工作目標是什麼？
17. When Have You Ever Failed at Something? What Happened as a
Result? 你可曾有過失敗的經驗？結果如何？
18. When Have You Ever Succeeded When You Thought You Might
Fail? 逆轉勝的經驗之談
19. What Life Lessons Has Adversity Taught You? 談一談在逆境中學
會的事
20. What’s the Most Challenging Assignment You’ve Ever Had? 你接
到最具挑戰性的任務是什麼呢？
21. What Are Five Everyday Problems That Bother You, and What
Can You Do About Them? 談一談你的五個日常煩惱，以及如何應
對？



Topic: The Internet

主題：網際網路

1. How Careful Are You Online? 網路世界裡，你夠小心謹慎嗎？
2. Do You Ever Seek Advice on the Internet? 談談你在網路上尋求建議的經驗
3. How Do You Know if What You Read Online Is True? 如何判斷網路資訊的真假？
4. How Much Do You Trust Online Reviews? 網路評論真的可信嗎？
5. How Do You Use Wikipedia? 如何有效利用維基百科？
6. What Are Your Favorite Internet Spoofs? 談一談你最愛的網路KUSO影片
7. What Are Your Favorite Viral Videos? 談一談你最愛的網路爆紅影片
8. What Would You Teach the World in an Online Video? 透過網路影片，你想告訴大家什麼呢？
9. What Story Does Your Personal Data Tell? 你的個人資料透漏出哪些訊息？
10. Do You Worry About the Lack of Anonymity in the Digital Age? 數位時代的實名制大哉問
11. Do You Wish You Had More Privacy Online? 你會希望在網路上有多一點隱私嗎？
12. Have You Ever Been Scammed? 網路詐騙的經驗之談
13. Technology is changing so quickly that we are frequently using computers, software programs, and other technologies that have frustrating glitches and problems. Is there a solution?
科技發展的速度之快，以致於我們常用的電腦、軟體程式，和其他技術常出現腦人的故障問題，是否有應對之道？



Topic: Social Media

主題: 社群媒體

1. How Do You Use Facebook? 談一談如何有效運用臉書?
2. What Is Your Facebook Persona? 談一談你在臉書上的形象
3. What Memorable Experiences Have You Had on Facebook? 難忘的臉書使用心得分享
4. Does Facebook Ever Make You Feel Bad? 越看臉書，心情越糟?
5. Would You Consider Deleting Your Facebook Account? 你會考慮刪除你的臉書帳號嗎?
6. Do You Have 'Instagram Envy'? 你趕上「Instagram 比拼潮」了嗎?
7. Do You Use Twitter? 推特了沒?
8. Why Do You Share Photos? 談一談愛曬照片的原因/談一談和大家分享照片的原因
9. How Do You Archive Your Life? 你會如何紀錄生活點滴?
10. Have You Ever Posted, Emailed or Texted Something You Wish You Could Take Back? 你曾經發布過什麼狀態、信件、訊息是你想要收回的嗎?
11. Have You Ever Sent an Odd Message Because of Auto-Correct? 你可曾因因為自動校正功能而發送烏龍簡訊?
12. Would You Want Your Photo or Video to Go Viral? 你會希望自己的相片或影片被瘋傳嗎?
13. Do You Worry Parents Might Read Your Social Media Posts Someday? 你會擔心自己在社交軟體上的動態被父母看見嗎?

